



## Jewish Community Services Inc

Meeting Our Community's Needs

# NEWSLETTER



Volume 5 - December 2015

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### JEWISH COMMUNITY SERVICES INC

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## UPDATES FROM THE MANAGER



Welcome to our December Newsletter. I would like to extend a warm greeting to all our new subscribers reading via our e-News. It has undoubtedly been an eventful period since our last newsletter, with an abundance of activity and achievements occurring at JCS.

For community members not able to attend our Annual General Meeting on Sunday 18 October, we were fortunate to have Mr Bill Appleby, CEO of Jewish Care Victoria as our guest speaker. For me personally, hearing Bill share his success stories, growth and the vision he articulates for Jewish Care Victoria, was truly inspiring. Bill is a true leader and one who exudes passion, not only for his organisation, people and the culture within JCV, but all within the Jewish community of Victoria.



Bill also presented the JCV *Bearing fruit for generations* - one vision, six projects over ten years campaign, a \$30million capital campaign as part of \$180 million capital investment.

For our community members who missed our AGM, we are pleased to be able to offer Bill's PowerPoint presentation and the *Bearing fruit for generations* campaign video via our website, <http://jcssa.asn.au/jcvpresentation/>

The Chairman and I look forward to continuing our ongoing and fruitful association with Bill and JCV, so that we are able to learn and prosper as South Australia's provider of quality community support services to the Jewish community.

At the AGM on 18 October, the following board members were elected to serve on the 2015/2016 JCS Board of Management:

**Mr Robert Nachum** – Chairman

**Ms Jill Noble** – Treasurer

**Ms Amanda Kay** – Secretary

**Ms Heather Croucher** – Board Member

**Ms Janet Henrie** – Board Member

To learn more about our Board of Management, including their qualifications and the experience they bring to JCS, please visit <http://jcssa.asn.au/board/>

Thank you to all community members and organisations that renewed their financial membership for 2015/2016. It's never too late to become a financial member. Membership for an individual is just \$5.00 and for a family \$10.00. To become a member, contact the office.

In my last report, I advised that we were awaiting a formal offer from the Department of Social Services (DSS) as part of the transition to the Commonwealth Home Support Program (CHSP) which commenced on 1 November 2015. I am very pleased to advise that our new grant agreement has been signed and fully implemented with a smooth transition to the CHSP. This means that JCS can continue to deliver quality, active ageing home and community support services to our community until 30 June 2018.



Due to recent *Commonwealth* Government changes, responsibility for ageing and aged care moved from Department of Social Services to the **Department of Health** on 5 November 2015. For our clients and carers, there are no changes to the way you receive your services from JCS.

The Board of Management will soon hold a full day strategic planning workshop to set the organisations direction and objectives for the next 3 years. Further updates will be made shortly, including how our community members can be involved and the opportunity to provide stakeholder feedback. Following the completion of our new strategic plan, a series of presentations will be made to our community members.

To support the expansion of our services and programs, and our growing volunteer program, we have identified a number of funding opportunities recently, and if successful in obtaining new funding, will allow JCS to offer some exciting new and diverse range of services that supplement our current programs. I look forward to keeping you updated soon.

A big thank you to Aafke Boomsma, Yani Hartanto, Emmon Wang, Na'ama Iadarola and Evon Hanzalik who looked after our stall at the Multicultural Festival in Rundle Mall on Sunday, 1 November.

I look forward to sharing further updates with you over the next couple of months as we move into a new and exciting phase here at JCS, and as always if you have any feedback, concerns or ideas about any facet of JCS operations, please do not hesitate to contact me.

It is pleasing to see a number of new connections in the past 2 months who have joined us through social media. If you have **facebook** and **twitter** come and check us out!



**DARREN MEECHAN**

Manager, Community Services

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## SOCIAL INCLUSION & ENGAGEMENT PROGRAMS

Our social inclusion programs continue to play an essential role in engaging and providing social inclusion opportunities for our clients. We have gained so much feedback from our clients recently, and this will be utilised in our upcoming social inclusion and engagement program planning sessions for 2016. Stay tuned for more information!

### Bus trip to Hahndorf



Last month we had a lovely escape to Hahndorf. We saw some new faces in the group, and enjoyed a delicious lunch at the Old Mill Hotel. The clients absolutely loved it and they have already started to plan for the next one, which is going to be a picnic/BBQ at Thorndon Park Reserve on Tuesday 24th November. Also at the request of the clients, we will go for a twilight bus trip on Thursday 17th December, to enjoy the colourful lights in surrounding suburbs.

### Monthly Cooking Program

Our cooking program is led by Naama, however it is our chefs who do all the hard work! At the most recent cooking session, the group prepared a warm chicken salad. This picture is the final result. Doesn't it look scrumptious!



We welcome new participants to the group and we generally gather ideas and recipes from all our clients to test out. If you have any special recipe that you really would like to share with others, please feel free to contact Emmon or Na'ama to discuss.

### Active Gardeners Program



Our *Active Gardeners* program provides the opportunity for those clients who enjoy getting out into their small garden area, and maintain it with the help of a volunteer community gardener. Arlette expressed interest in this new program when it was first established, and immediately we were able to match her with a community gardener, Param (*both pictured*).

We are looking to extend the program to other clients who have expressed interest, and need to find more volunteer community gardeners to join the program, so if you are interested, or know someone who might be, we would like to hear from you.

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## MULTICULTURAL FESTIVAL ON 1 NOVEMBER 2015



On Sunday 1 November 2015, Multicultural SA hosted its second Multicultural Festival in Rundle Mall. Stalls hosted by many SA Multicultural organisations were present, along with Jewish Community Services Inc. It was a day full of culture, interaction and presenting the great work that Jewish Community Services does. Our stall was looked after by Yani Hartanto, Na'ama Iadarola, Evon Hanzalik, Emmon Wang and Aafke Boomsma.

With up to 60 multicultural groups the Multicultural Festival is the largest festival of its kind in South Australia. The festival hosted activities, performances, music, delicious food, international art and cultural crafts. It was truly special to be part of such an exciting day.



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## PROTECTING YOUR PRIVACY AT JCS



Your Privacy Rights

Protecting your Privacy

***“JCS respects every individual’s legal right to privacy.”***

Our privacy policy sets out our procedures relating to the collection, holding, use and disclosure by JCS of personal information and sensitive information relating to an individual, as required by the Privacy Amendment (Enhancing Privacy Protection) Act 2012 and we will endeavour to handle your personal information in accordance with our Privacy Policy and the Australian Privacy Principles (APPs). To view our ***Protecting your Privacy*** brochure, or for a copy of our Privacy Policy, please visit our website [www.jcssa.asn.au/our-policies/](http://www.jcssa.asn.au/our-policies/) or request a copy by contacting us on **8363 5400**

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## SUPPORT FOR CARERS

Are you a Carer for a spouse or family member? As part of our funding received through the Commonwealth Home Support Program, we receive a small amount of funding to specifically provide support for carers, including Counselling, Information and Advocacy services to support those community members who are in a caring role.

It's easy to become isolated or lonely when you're a carer. Counselling and support services may help you to understand and manage situations, behaviours and relationships that can be a part of being a carer. Contact us to learn more about our Carer Support Services.

- providing short-term emotional and psychological support
- offering guidance in your relationship with the person you care for
- helping you to manage situations and challenging behaviours
- offering grief counselling
- providing advice to help protect your rights as a carer.

These services may be provided by qualified professional counsellors or other professionals depending on your circumstances.

**Counselling and support services can include:**



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## VOLUNTEERING OPPORTUNITIES WITH JCS

**Have you ever considered Volunteering? Here are some ways JCS Volunteers make a valuable contribution and difference.**



Volunteers are key to the success of Jewish Community Services. Without our volunteers, much of the work we do would not be possible. Members of our community generously give their time, skills and energy to support our work in a range of services and programs, including supporting our team in a variety of administrative functions.

Some of our volunteer roles require as little as 1 to 2 hours per fortnight, and are flexible to suit your availability, including weekends!

### **Some ways you may like to Volunteer your time with JCS**

- Provide one to one transport for our older community members to medical, social appointments and other events such as Synagogue services.
- Help our older community members with light garden maintenance as part of our *Active Gardeners* program. This program is designed for those community members who are keen gardeners, want to participate with a volunteer however just need that little bit of assistance.
- Preparing and gathering content for the JCS newsletter and our e-News.
- Visit and provide companionship and social support in the home to our older community members who are at risk of social isolation as part of our Community Visitors Scheme.
- Providing visits and company to our community members who are in hospital, respite, rehabilitation or entered permanent residential care.
- In fact, we would particularly like to hear from you if you have a particular skill or desire to volunteer in any way that promotes the well being, independence and cultural and spiritual needs of our older community members.

**To learn more about Volunteering opportunities at JCS and how you can become involved, contact Emmon on 8363 5400 or email [emmon@jcssa.asn.au](mailto:emmon@jcssa.asn.au)**



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## JCS OFFICE EXPANSION



For community members that have visited our office in Joslin, you may not know that we have an unused area located upstairs. Given the expansion with our current services and programs, the continual increase in our volunteer team and to cater for future growth of the organisation, we have been able to negotiate with the owner of the building to have air-conditioning installed, blinds and a few other fixtures and fittings to turn this lovely area into a functional office space to comfortably accommodate our current and future staff and volunteer team. If you have not visited us, we would love for you to drop in for a tour of the office.

## UPCOMING EVENTS AND PROGRAMS



### Coffee Club:

Tuesday 1  
December at  
10:30am

**Cooking with Na'ama:** Tuesday 8  
December (Beit Shalom) at 10:30am

**Bagels:** Tuesday 15 December  
(Paradise Hotel) at 12:30

**Twilight Bus Trip:** Thursday 17 December  
(Surrounding suburbs, after 6:00pm)

**Movies / Coffee Club** (To be  
advised): Tuesday 22 December

### Chaverim Exercise Group

Thursday 3 December

Thursday 10 December

Thursday 24 December



## SIGN UP FOR OUR E-NEWSLETTER!



To receive all the latest news, information, updates and events from Jewish Community Services straight to your inbox, sign up to our e-newsletter by visiting our website

**[www.jcssa.asn.au](http://www.jcssa.asn.au)**

*Want to keep up to date with everything that's happening at JCS?*



*Like and follow Jewish Community Services Inc on Facebook and  
Twitter for all the latest updates!*

