# HOME CARE PACKAGES

JCS is now an approved provider of aged care and our goal is to work alongside you to access all your care and well-being requirements so that you can get the most from your Home Care Package.

The recent Increasing Choice in Home Care changes by the Commonwealth Government ensure greater choice and flexibility for consumers.

Home Care Package funding now follows the consumer. The changes are designed to ensure that the consumer remains in control of their own care and can change their care if they move to another area or want to change their provider for any reason.

At JCS, we promote a philosophy of healthy and active ageing, and strive to enable older members of our community to continue to live independently by providing high quality home and community support services.



# WHAT DOES THIS MEAN FOR ME?

We welcome all individuals from within the diverse aged care community of metropolitan Adelaide who are thinking about changing their home care package provider.

If you are currently receiving support from JCS, and awaiting allocation of a home care package in the future, you will have the choice to select JCS as your provider.

Consumer Directed Care is about supporting the consumer with their choices to access quality support services to remain living independently in their own home.

## WHY CHOOSE JCS?

Founded in our Jewish ethos, we are a vibrant, welcoming community that is respectful of the needs of all people. Our mission is to provide a unique and quality service supporting the Adelaide community.

We believe that as a small provider of aged care services and with our simplistic model and close knit team, we can easily innovate, redesign and quickly adapt to change and make decisions ensuring that the consumer is at the centre of everything that we do.

JCS will remain a small niche aged care provider with a focus on providing high quality home and community support for the South Australian Jewish Community, and welcome other community members to join the JCS family.

# JCS also offer the following Commonwealth Home Support Program (CHSP) funded services;

**Domestic assistance** assisting with basic and essential

household cleaning tasks.

#### Personal care

assisting with personal hygiene and daily self care tasks.

#### Social support and shopping

to assist with tasks such as meal preparation, shopping, banking and accompanying clients to appointments and social visits.

#### Social inclusion programs

opportunities to participate in a range of activities including monthly group lunches, social outings, cooking programs and other active ageing & well-being programs.

#### **Transport**

to attend medical appointments, visit family in nursing homes and hospital and to local social functions.

#### Basic garden maintenance

helping with weeding, pruning and lawn mowing.

#### Respite and carer support

provide support and assistance to carers who need a break or time out from their caring responsibilities.

#### Community visits by volunteers

offering friendship, social opportunities and connection to the community for older people who live at home.





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## Active Choices. Active People.

- promoting a wellness or active ageing approach that emphasizes physical and mental health.
- opportunities to improve social participation to maintain or promote a person's capacity to live as independently as possible.
- a person-centered approach to support, promoting wellness and active participation in goal setting and decision making.
- timely and flexible services that respond to a person and their needs.