



NEWSLETTER

ISSUE: WINTER 2022



WELCOME TO OUR WINTER NEWSLETTER

IT'S hard to believe that it is already June, and we are halfway through 2022. JCS has taken significant steps forward and progressed with our continuous

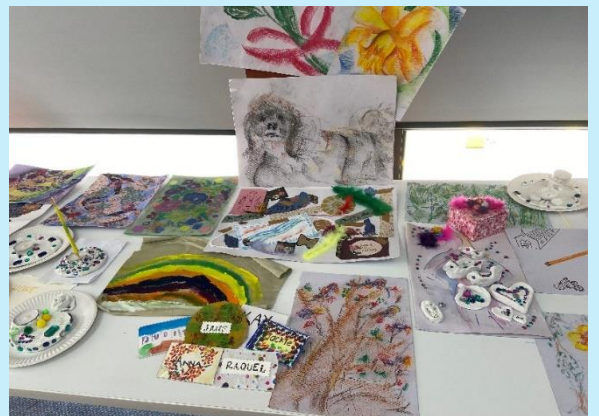
improvement plan, our strategic planning, and our preparation for the future of the services we provide. In recent months while staff continued to enhance the quality of care and keeping our clients safe from Covid-19, the Board focused on developing new policies and procedures along with reviewing existing ones.

In conjunction with the new strategic plan, the coming aged care reforms, and the new Support at Home Program, we have also refreshed our logo and now introducing our new rejuvenated look representing our main goals –

Community Care & Connect

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FROM THE CHAIR

I ALWAYS think winter is not my favourite time of the year but during winter there are so many things I do enjoy doing. I enjoy walking in

the bush if it's not raining too hard. I enjoy the wind blowing the cobwebs out of my head. I enjoy reading whilst lying on the couch cuddled up under a blanket. It's fun doing a jigsaw puzzle in the winter and preparing the garden for spring and summer. I hope you all have things to do and enjoy during the colder months. In the cold dull months remember how beautiful spring and autumn can be. Before we know it winter will have passed and the trees and plants will be in bud and the migratory birds will be returning to SA.

Covid has touched many of the staff and clients lives during the past few months and I hope those of you affected have all recovered and are feeling stronger now. JCS has implemented the SA Health requirement for In-home, community aged care and disability workers vaccination policy. This coupled with a robust infection control training, aims to provide our clients with as much protection as possible whilst services are being delivered. Don't hesitate to let Anat and her team know if you have any concerns or require more support and assistance. Our wonderful team at JCS have strived to support and maintain contact with all clients during this time and run whatever programmes they could within the Covid restrictions. The JCS AGM was held in November. One of the highlights of this was the art on display done by the Thursday morning art group who thoroughly enjoy participating in this activity and share lots of laughs and fun during these sessions. Following the AGM, a community forum was held where everyone had an opportunity to give feedback

and raise ideas to be included in our next strategic plan which will become effective later in the year. The Social and Community Engagement Programme has continued, and I do encourage you to participate. You are never too old to learn and experience new things. I would like to welcome Jody Bund who joins me, Jill Noble, Michael Hanzalik, Greg Adams, David Worth, Dan Ellis and Rabbi Shoshanna Kaminsky onto the JCS Board of Management. She brings with her experience in leadership, Human Resources, finance and education and training. The board members and staff at JCS remain committed to supporting you in whichever way we can. Stay warm and healthy and remember Anat and her team are just a phone call away.



JOIN OUR ART CLASS



Our Art social group is a supportive environment, using art making, to explore topics such as: wellbeing, self-care, building connections within our community, sharing stories and

experiences. It is also about breaking the social isolation and reconnecting with others. At times we improvise and roll with a current theme that may come up during the sessions, such as celebrating life, embracing joy, managing grief, personal growth and awareness, trust and life stages. No art experience is needed. It's all about the process, not the end result. **We meet every Thursday 10am at the Rose Harrison Hall, Beit Shalom. Call us to register for a trial.**

STRATEGIC PLAN 2022-2027

SINCE July 2021, we have engaged all stakeholders in a strategic planning development consultation process. We believe that this plan reflects the needs and desires of our community and represent our core values and vision to care for the community.

We thank all people who took part in the consultation process and contributed to the future shaping of JCS.



CONNECTING OUR JEWISH COMMUNITY WITH SERVICES AND PROGRAMS THAT SUPPORT THEM TO LIVE WELL

GOALS:

- Acknowledge the importance of social inclusion and assist older members of the Jewish community and other aged care clients to have opportunities to stay connected, reducing their social isolation and helping to build a vibrant older community.
- Reach out to members of the Jewish community, aged over fifty (50), to support them and their loved ones in making informed choices about their future care and support.
- Explore the possibility of employing a part-time Community Engagement Co-ordinator to support opportunities for social connection and activities that promote health and wellbeing.
- Recognise the contribution that volunteering makes to people's mental health and sense of belonging and continue to value and support our volunteers.

MULTICULTURAL AGED CARE AND HOME SUPPORT SERVICES

GOALS:

- Continue to provide approachable, responsive and high-quality Aged Care support at home for Jewish and non-Jewish clients, as our core business.
- Seek to grow the scope of these services, depending on new streams of funding becoming available through the changes to the funding of home care.
- Engage with our aged care clients to support their health and wellbeing and to foster positive social connections and active ageing.
- Identify opportunities to facilitate access to facility-based respite care in partnership with appropriate allied organisations.
- Explore opportunities to provide accessible and appropriate physical spaces that can support the growth in Aged Care Services and provide a base for our clients and the community for social connection and wellbeing activities.

FINANCE

GOALS:

- Continue to explore suitable opportunities to diversify sources of funding
- Build a robust, flexible, and financially viable organisation that is able to adapt readily to changes in the operating environment.

GOVERNANCE

GOALS:

- Continue to improve and upskill JCS governance processes and procedures.
- Continue to provide appropriate professional development opportunities for Board members.
- Enable Board Members to undertake regular performance evaluation to ensure a consistently high standard of leadership and decision making.

OUR VISION

Founded in our Jewish ethos, a vibrant, welcoming community that is respectful of the needs of all people

OUR MISSION

To provide outstanding opportunities for moving forward in life to the older members of our Jewish and extended communities through excellent care and support

OUR VALUES

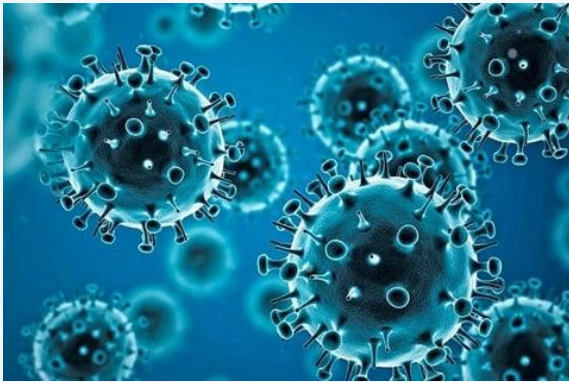
Unity - For the benefit of our clients and the future

Tzedakeh - Justice and benevolence

Chesed - Kindness

Derek Eretz - Respect

Mishpacha - Family and community



COVID-19

JCS staff and volunteers continue to take action to protect our clients and minimise the risk of transmission.

JCS has implemented all SA Health infection control directions and guidelines.

These includes but are not limited to:

The use of appropriate Personal Protective Equipment;

All JCS staff and agency personnel are required to have their COVID-19 vaccination up-to-date;

Monitoring staff for symptoms and exposure.

JCS is supporting our clients who have contracted the virus with regular services and additional support if required.

With winter approaching we recommend staying informed with SA Health recommendations regarding Covid-19 vaccination winter shot and 2022 flu season vaccination.



CHATTER THAT MATTERS

Our exclusive team of volunteers, Carol, Evon Jill & Nyra, lead by the fabulous Sue are looking for one more volunteer to join them.

If you are a people's person and you enjoy making someone happy, this is for you. You will need a good listening ear, great sense of humour and availability for at least one day a month.

For more details, please contact Anat or Emmon at JCS 08 8363 5400.

Donate to Support JCS

We continue to use [givenow.com.au](https://www.givenow.com.au) to facilitate a convenient and safe method for you to provide your generous donation.

Jewish Community Services Inc is a registered charity through the Australian Charities and Not-for profits Commission (ACNC), and you can find out more about us including viewing our Annual Information Statements by [clicking here](#)

You can also donate by calling the office 08 8363 5400



THE CARE AND SUPPORT SECTOR

BE SOMEONE FOR SOMEONE ELSE



**JEWISH COMMUNITY
SERVICES INC.**
Community Care & Connect

Contact

T: 08 8363 5400

227 Payneham Rd, Joslin, SA 5070

www.jcssa.asn.au



WE ARE RECRUITING

Are you a caring person who wants to make a change in people's lives?

JOIN OUR TEAM!

- In-home support workers wanted
- ✓ Flexible working hours
- ✓ Above award remuneration
- ✓ Training and development plan